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# CRUNCHTIME

The Calgary Stampeders emerged victorious over the Edmonton Eskimos with a score of 16-7 at the Labour Day Classic metroNEWS & metroSPORTS

# A 'perfect' tribute for Dominic

**LABOUR DAY** 

#### Two-year-old boy died after battling cancer



Lucie Edwardson Metro | Calgary

It's been a long, uphill battle for the Rooney family, since little Dominic Rooney was diagnosed with acute myeloid leukemia in September of 2013.

His family was told that the then-11-month-old only had weeks to live. Just shy of two years after his diagnosis; after beating the odds time and time again, two-year-old Dominic Rooney died on Sept. 3, falling victim to the disease that consumed his short life.

The Rooneys, who are from Medicine Hat, have spent the last two years travelling to and from Calgary, and most recently to Florida, for Dominic's treatment.

"When that happened it was really hard to be so far away from Sean and Trish," said Dominic's aunt, Erin Rooney, of the boy's parents, who were in Florida with their son when he died.

Erin said the day Dominic passed away, dozens of people released balloons in his hometown of Medicine Hat. She said



The wind swept 200 balloons past McMahon Stadium.

AARON CHATHA/METRO

she decided she wanted to honour Dominic again in Calgary but on a larger scale.

"What's more perfect than honouring him in a way his parents love, which is the Stampeders," said Erin.

Monday, at halftime of the Labour Day Classic, Erin and 200 others released red and orange balloons into the sky in memory of Dominic.

The Rooney family also raises money for Extra Life, a charity that helps provide funds for the Make a Wish Foundation.

Jeff Clements, a member of the Calgary Guild, said they wanted to do something to honour Dominic and his family, who raised more that \$20,000 for the charity last year.

"Dom's made such a big difference and they've been so involved in Extra Life, so we wanted to be here for them," said Clements.



# HAV

Your essential daily news

Zimbabwe cools off on extraditing killer of Cecil the lion. World



Homer is where the heart is

Lego artist Eric Maccallum building up his brick passion



Aaron Chatha Metro | Calgary

Three years ago, Eric Maccallum was inspired by an eight-foot-tall Yoda to restore balance to the brick. That translated to following his passion in creating Lego sculptures, which stood up without the use of glue.

Maccallum was an employee at the Lego store when he met an official master builder and his Lego Star Wars creation.

It inspired him to take his hobby to the next level, and try creating larger Lego sculptures of his own. Now Maccallum is a professional Lego

> **Eric Maccallum** built his lifesized Simpsons figure over the course of 200 hours. He used 40,000 bricks.

AARON CHATHA/METRO

builder. For him, it's a dream job, but it does invite a few misconceptions about what he actually does.

"I think a lot of people think that I'm just crosslegged, sitting on the carpet, putting these together," he said. "Don't get me wrong, I'm still doing that, but not building the large models."

When Maccallum begins a big project, such as a lifesized Homer Simpson, his work begins on the computer. He chisels out the shape from a block of virtual bricks and begins adding detail, just like he would at his workstation.

He says this process simply saves him time if he makes a mistake. Then he can buy exactly the right type and amount of bricks he needs to construct the sculpture in his home workshop.

It's a slow process. His Homer Simpson took more than 200 hours to construct and is made up of 40,000 bricks. Maccallum supports his career by sharing his love for Lego by teaching workshops in schools and hosting parties.

Not necessarily birthdays, 've done a few of those, but my favourite is the Lego block parties. If I may use the pun.

"Lego is a catalyst. It really opens up the imagination to freely explore, going into making robots, designing armour.

Lego is a catalyst. It really opens up the imagination to freely explore, going into making robots, designing armour.

Professional Lego builder Eric Maccallum

But where Maccallum's work really shines is when he takes to it events, like Maker Faire Calgary taking place this weekend.

"Youth to adults, Lego is a unique product that has spanned that gap and adults feel comfortable playing with it," said Jason Bedard, Maker Faire Calgary organizer. "As adults, we get too wrapped up in our jobs and busy taking stuff that we don't take

that time out to play."
At the Maker Faire, Maccallum will be on deck with his buddies Tigger, Homer Simpson and Domo.

He'll also be bringing 10,000 bricks to help other people build and learn new techniques.

The reason why I like using Lego is because it's an easy medium to inspire.' Maccallum said Lego makes it easier for kids to learn it's okay to fail, because they can easily pick up and try again.

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# Charges laid after animals neglected

Oyen RCMP have charged a mother and daughter with animal cruelty.

An investigation revealed several animals were found neglected and in distress.

Among them they found 11 horses, 25 dogs and 17 birds in distress.

With help from the Alberta SPCA, all the animals were seized and relocated. A vet saw them and any immediate medical needs were addressed.

The mother and daughter

were located in a home south of Cereal, Alta.

They have both been charged with failing to comply with conditions of an undertaking, cruelty to animals, wilful neglect of animals and possession of stolen property.

RCMP say there have been several online posts relating to this event on social media. However, they are not seeking further assistance from the public to locate the owners of the animals. METRO

#### CAR ACCIDENT

# Woman, 3 horses dead after crash

Calgary EMS responded to a single vehicle crash on Six Mile Coulee Road in Tsuu T'ina First Nation early Monday morning that left one woman and three horses dead

EMS said they responded to the crash at 6:20 a.m. and, upon arriving on scene, found a badly damaged small hatchback car on its side in a nearby

Due to the extent of her injuries, paramedics didn't attempt to resuscitate the woman and didn't transport her to hospital. She was pronounced dead at the scene.

EMS said it also found three horses dead at the scene and speculated the woman's car collided with horses.

With the help of tribal police, fire and a HAWCS helicopter, EMS said they were able to confirm that the woman was the only person travelling in the car. METRO



The Trek Factory Racing team comes through the start/finish gate on one of 11 laps cyclists had to complete in the final stage of the Tour of Alberta Monday. RYAN TUMILTY/METRO EDMONTON



Two proposals for geographical ward changes. CONTRIBUTED

# Scenario B

# Council to consider redrawing the lines

#### CITY HALL

**Boundary lines** and number of councillors are up for review



Lucie Edwardson Metro | Calgary

Calgary's Legislative Governance Task Force will meet Tuesday to once again to discuss the controversial idea of changing the city's ward boundaries.

Recommendations from the Ward Boundary Commission include reviewing the wards and adding councillors for the 2021 election, but some councillors don't agree with all of the recommendations made by the committee.

Ward 4 Coun. Sean Chu said it doesn't matter what the "academic" standpoint is on the issue of adding councillors.
"I listen to the people, and

they don't want any more councillors," he said.

In terms of reviewing and changing ward boundaries, Chu said it was "necessary."

"Right now they are very un-

I listen to the

people, and they don't want any more councillors.

Coun. Sean Chu

even," said Chu. "Some councillors are on the outskirts more than others.'

Former mayor Al Duerr, who is chairing Calgary's Ward Boundary Commission, previously said rapid growth has led to unbalanced populations in the city's 14 municipal electoral

districts and the lines will have to be redrawn, somehow.

Two possible scenarios were being proposed to rebalance the wards, but Duerr said neither is "set in stone" and the commission was open to suggestions online and in person during five open houses this summer.

Council voted in 2014 to create the independent commission in order to "depoliticize" the process, Duerr said, although it will still be up to council to vote on the final changes in December.

The commission's report is expected by October.

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#### Taxi drivers consider striking over Uber



Edmonton's taxi industry is considering strikes and other protests in response to the city's proposed bylaws to welcome rideshare companies like Uber.

Jasbir Gill, president of the Edmonton Taxi Association, said the new proposed bylaws for cab drivers.

The proposed bylaws would allow Uber drivers to operate legally provided they undergo mechanical inspections, criminal record checks and obtain proper insurance the way taxi drivers are required.

Uber drivers would not have to follow the city's regulated meter rate however and Gill said that creates an unfair playing field.

"Uber-like companies have

less or more, so they will be definitely undercutting the taxi business," he said.

Unveiling the new bylaws Friday, the city said they were an attempt to recognize the changing nature of services.

"This is a recognition from council that the world is changing, technology is changing, and we need to adapt and ensure that we're keeping up with it," said Scott Mackie, branch man-

Gill said details of proposed protests and strikes are still being worked out, but the industry will be heard. "We're going to put our case in a strong way.

Gill said the financial health of the industry should matter to customers as well, because otherwise taxis won't be able to stay on the road.

The financial sustainability of everyone will erode and drivers will not be able to afford to repair



Çlåöd Îdíã and Åj Dähl won't be easy on those who step into their interrogation lab. JEREMY SIMES/METRO

# The truth about lies

#### **Human lie** detectors will make you feel uncomfortable



Jeremy **Simes** For Metro | Calgary

You'll never know if they're telling the truth, but Çlåöd Îdíã and Åj Dähl claim they can easily spot a liar.

The duo - who go by pseudonyms and claim to be lie detection services agents with Amcor — have made a stop at Calgary's Stride Gallery.

Their mission: to inform people of deception techniques and, if exhibit-goers volunteer, take them to their "interrogation lab" to assess their behaviours and determine if they're lying.

In fact, 92 per cent of people are lying 65 per cent of the time, Dähl said, adding people who lie tend to wear excessive amounts of eye shadow, have wide smiles and generally sport black, brown, blonde and grey hair.

She said their hand-drawn diagrams act as indicators of deception, and are largely derived from magazine images of political figures.

"All of our credentials are extremely honourable," Îdíã added. "We never deliberate-

The agents studied together

at a correctional school in Wisconsin but dropped out because they couldn't buy into the system, so they started Amcor, she said.

"Do you believe us?"

In a rare occurrence, Îdíã and Dähl opened up to Metro to tell the actual reason they brought their show, Liar! Liar!, to Calgary.

At a time when governments are upping surveillance - including Canada's Bill C-51 — Îdíã said she hopes those who see the show understand how extreme things have become.

Dähl said she also hopes the show makes people ask, "Why am I easily complying?"

"The thing that's interesting for me is how interactions are physically reciprocal — the way I act will affect the way you act," she added. "I can intimidate and make you nervous and feel suspicious, when all we're talking about are very silly things.

When the exhibition appeared in Lethbridge, Îdíã said some were angry they had to remove their shoes before entering the exhibit, while others left because they didn't want to deal with the uniformed

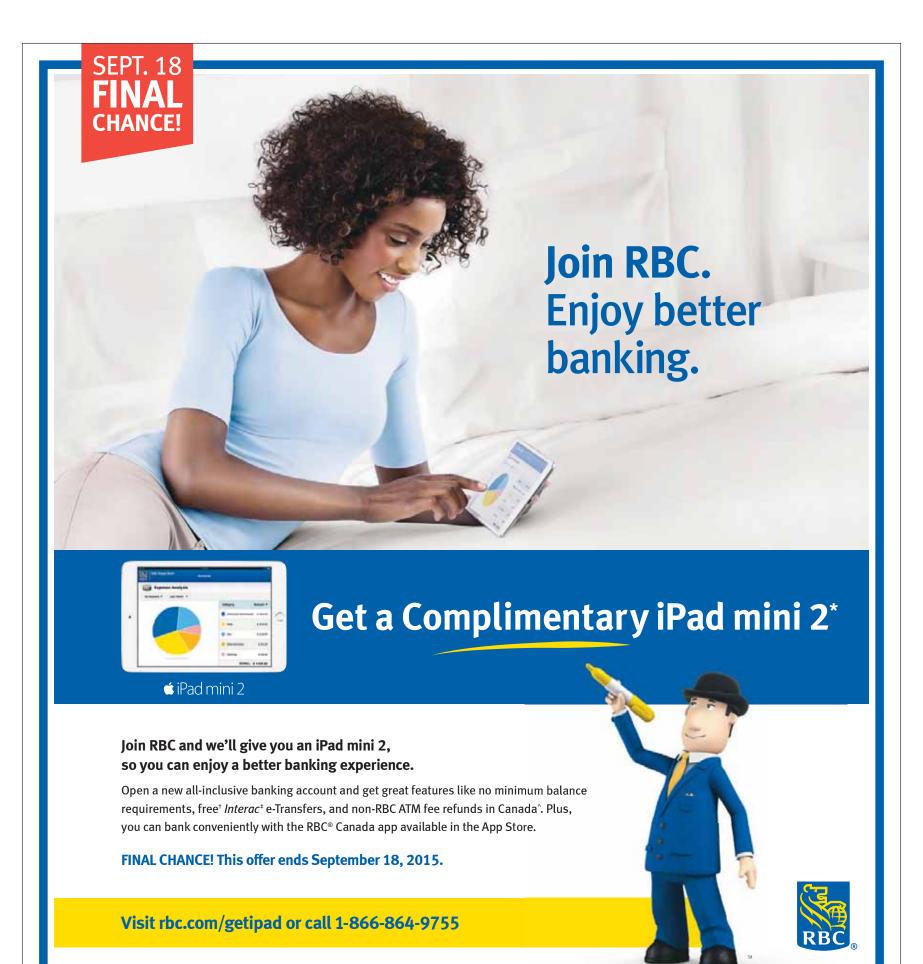
"But that's the kind of reaction you're supposed to have,' Îdíã said. "I hope people think about how much they can easily comply to the demands of others.

The Amcor agents will start their one-night-only assessments on Sept. 11 at 8 p.m. and the exhibit will be up until mid October.



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# Capturing her love of the game

SPORTS

#### **Montreal** photographer dives into the **CFL's history**

#### **Candice** Ward For Metro | Calgary

For Montreal sports photographer Johany Jutras, the trip across the country to capture the history and culture of the Canadian Football League has been one born out of the desire to share her love of the game with others.

At the end of her 75-day journey from Montreal to Vancouver and back, Jutras will be assembling a photo book — along with contributions from some of Canada's top sports reporters — that will be up for sale at the 103rd Grey Cup in Winnipeg at the end of November.

The plan is make this book a bestseller and hopefully make enough money to take few weeks off and spend some time with my family for Christmas and then start another project - if I don't get hired by the CFL," said Jutras.

One of the other goals behind this project for Jutras is to finish the book with an offer to become staff travelling photographer for the CFL.

While the entire trip has been filled with many highs — and a few lows — Jutras says the highlight of her experience so far was heading up in a helicopter to make a photo of Tim Hortons Field in Hamilton.

Yesterday, Jutras got to experience what Calgary and the Stampeders had to offer.

As of Monday Jutras has been on the road for 52 days total, with Vancouver next on the schedule, before starting the long trip home to begin work



Johany Jutras has travelled cross-country to document the CFL using her knack for photography. CANDICE WARD/FOR METRO



This photo of Tim Hortons Field in Hamilton is one of her favourites. COURTESY JOHANY JUTRAS

on finishing the book before

The parents of the 28-year-

old photographer were not surprised when they were presented with Jutras' plan for this

"It's a project that she is passionate about and made her eyes light up," says mother Sylvianne Proulx, adding that since she was a baby girl she always has been fascinated and passionate about cameras and photography.

"What we want, as parents, is to be happy and to see our kids," says Johany's dad, Alain Jutras.

Her parents are also looking forward to the end of the road trip to have her back home so they can give her a big hug and plan a big family dinner with her three brothers.

5,000

In order to make the best seller list. Jutras will need to sell 5,000 copies. The book will cost \$42.

8,000

So far Jutras has driven over 8.000 kilometres.

**1TB** 

She has taken more than a terabyte of photos. That's 1,000 GB of data, and about 2 million photos.

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The budget for her 75-day trip was over \$20.000.



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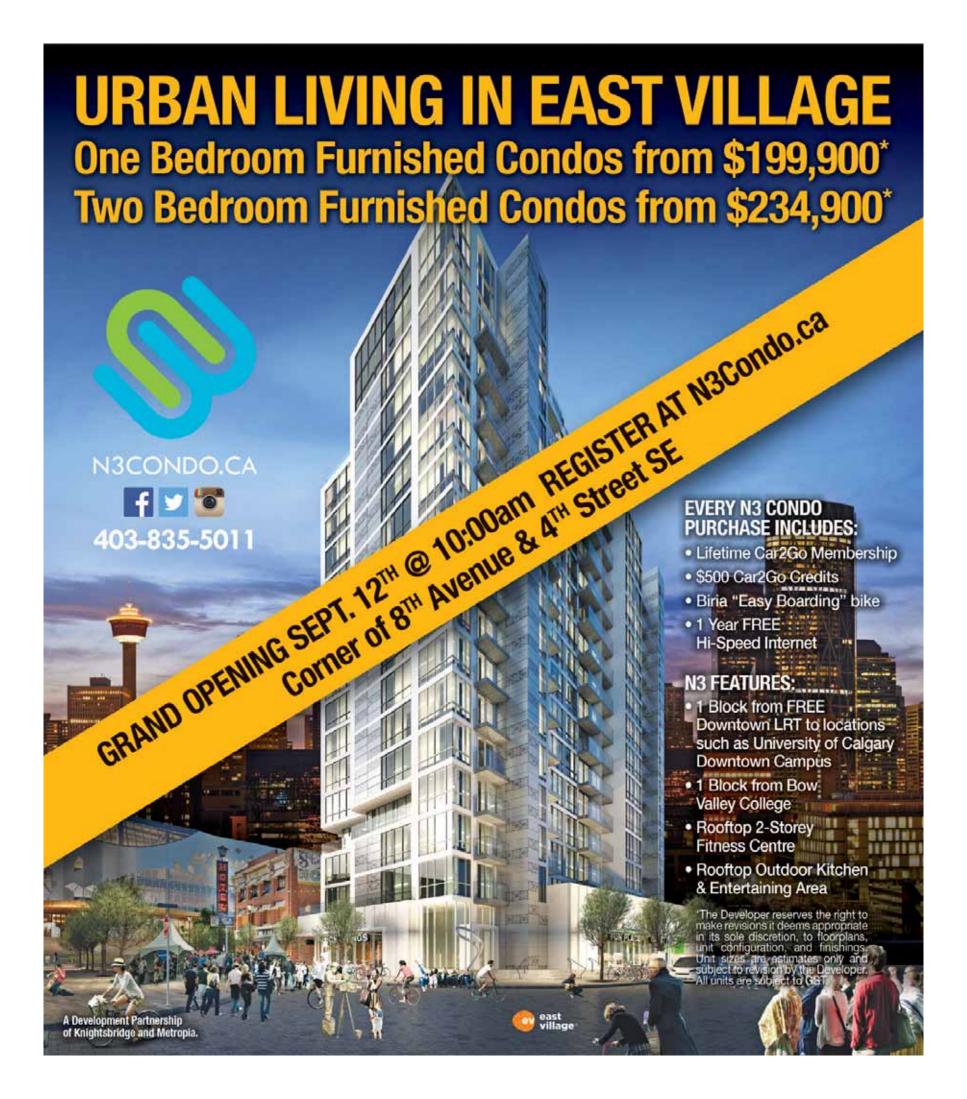
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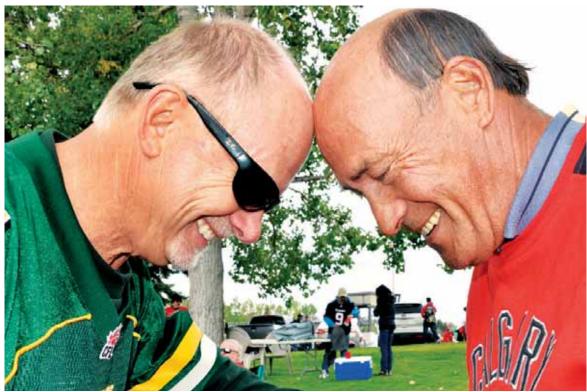
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# CFL rivals, but best of friend



All of Garth Salton's friends are Calgary Stampeders fans. He's an Eskimo fan. AARON CHATHA/METRO

#### LABOUR DAY CLASSIC

#### Stamps fans welcome Eskie counterparts for big game



Aaron Chatha Metro | Calgary

When Garth Salton drove down from Edmonton, he knew his friends would be vocal about supporting their favourite team in the Labour Day Classic game in Calgary. Salton is an Ed-

monton Eskimos fan. All of his friends are Calgary Stampeders fans.

"It can't be better if you're an Edmonton Eskimos fan - especially with friends like

these," he laughed. His pals were more than happy to tailgate and share food with their old friend. "Hot dog for the Eskimo fan

and prime rib for the Stamps,' Salton joked. He said this was his third Labour Day Classic with his friends and, jokes aside, and he loved joining them every year. "It's all good. We're welcomed

here and it's all about camaraderie, talking about past games and trades," he said. "I just hope we have a good game, no matter who wins."

Everyone attending the game, however, did not share his senti-

"Day's going great, Stampeders are going to whoop some bum," said Larry Wood, who attended the game with a group of his oldest friends.

"We went to high school together, and we're a lot older

now. It's been 45 years and we've stayed friends,' Wood said.

While they were able to stay local for the game, Edmonton fans have to travel in order to see

the Eskimos play - some more than others.

Hot dog for the

Eskimo fan and

prime rib for the

Stamps.

**Garth Salton** 

Bob Peterson travelled from British Columbia to see his favourite team play.

"I don't want to support B.C. Come on. Those guys are awful!"



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# Weather doesn't cloud city's Pride

#### **Organizer says** acceptance in Calgary is growing



Jeremy Simes For Metro | Calgary

Despite the cold weather that chilled the city over the weekend, organizers say attendance at Calgary's annual Pride parade likely hit 60,000.

From raising the trans-gender flag at historic city hall to seeing provincial RCMP in attendance, this year's celebration was full of firsts, said Pride Calgary's Craig Sklenar.

"It was fantastic," he said. "The entire street was lined up this year, so come hell or high water, Calgarians came out."

Also a first — Nick Taylor attended the parade for the first time.

"I thought it was really good," he said. "I thought it was great for society as a whole — Pride is meant for everyone."

Sklenar said the Pride bus was a fan favourite, and onlookers enjoyed seeing Flames President Brian Burke as the parade's grand marshall.

Taylor said he was elated to see a few churches walk in the parade.

"That made me feel less

crappy about humanity," he said. "I feel I can sleep better at night now.

The overall positivity of the event dispelled Calgary's conservative stereotype, he added.

"Calgary gets a bad reputation, but I didn't see one negative thing. It made me feel proud as a Calgarian."

Sklenar said Calgary has definitely come a long way since its first parade in 1990, when 300 participants wore masks to conceal their identities.

"Pride was felt in a much larger way this year than years before," Sklenar said. That's really significant to the community — it shows a growing acceptance, city-

But that doesn't mean the fight for LGBTQ rights is finished, he added, noting the recent story of a Calgary Tran-



Calgary gets a bad reputation. but I didn't see one negative thing. It made me feel proud as a Calgarian.

Nick Taylor

sit driver who's against the city's Pride bus.

However, "no one came out to ruin the parade," Taylor said. "That makes me proud of this city."

Sklenar said he wouldn't be surprised if more people came out for the 2016 parade.

'With a growing Calgary, Pride will continue to grow," Sklenar said. "So, regardless of who you are, you can make a life here.'



#### Rainbow crosswalk

The colourful crosswalk stirred up quite the controversy for some Calgarians, but was eventually painted. Other cities, like Edmonton and Vancouver, have kept their rainbow crosswalks permanent after their pride celebrations.

#### **RCMP** join the parade

Alberta RCMP commanding officer Marianne Ryan told Metro she was happy to take part in the 25th annual parade, and said Pride is about celebrating and embracing diversity.

#### WinSport celebrates with rainbow bobsled

Openly gay Australian bobsledder Simon Dunn rode the colourful sled Sunday. John McKay of WinSport said accepting one another and focusing on the sport matters, not what someone's sexual orientation is.

HUMANITARIANISM

#### **Group aims** to help others being bullied



Lucie **Edwardson** Metro | Calgary

Fifteen-year-old Caprice Kirkhope has style well beyond her years.

The youngest member of the Calgary philanthropic group, Pinups for a Cause, looks like she stepped off the set of an old Hollywood film.

"She's an expert at hair and makeup," said her mother Diane Kirkhope-Fjaagesund. "Even little old ladies who actually used to wear the styles when they were popular are impressed by her.

Caprice, who joined the group after Kirkhope-Fjaagesund brought her to events as a volunteer, said she feels as though she is part of a "sister-

"I feel very special in a way. It's a very supportive group," she said. "It's somewhere I can go and not worry about anything."

Caprice, who came out at 11, walked in the 2015 Calgary Pride Parade with the other Pinups on Sunday to support Bell's Kids Help Phone, a cause that's close to home for Caprice who was made fun of when she was younger.



I feel very special in a way. It's a very supportive group.

Caprice Kirkhope



Calgary philanthropic group, Pinups for a Cause, walked in the 2015 Pride Parade on Sunday to support Bell's Kids Help Phone. LUCIE EDWARDSON/ METRO

"I was being bullied for things I couldn't really control about myself," she said. "When I joined Pinups, that's when everything started to change."

Caprice said she has gained strength and confidence through Pinups, and, her mother agrees.

"I think this group has really helped bring more positive light in her life," she said.

They both said they feel proud to be able to support so many different charities, especially one that might help other kids who are be-

ing bullied.

"If my kids ever needed to utilize Kids Help Phone, I am happy it is there for them,' said Kirkhope-Fjaagesund, who's the mother of five. "I'm just glad kids have it as a re-

#### City's raising of Transgender flag marks great 'step forward'

Calgarians walking past the municipal building on Saturday were privy to a historic setting in the province.

The blue, pink and white transgender flag was raised outside of historic city hall from sunrise to sunset.

The flag raising marks the first time the flag has flown outside of a municipal building in Alberta.

James Demers, organizer

for Transformers, a social support group for transmen, said the raising of the flag is forcing an important conversation into the public

"Any visibility that can make that conversation happen is really important," he

Demers said it's a great "step forward" to have government and civic officials



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interested in transgendered people having representation. LUCIE EDWARDSON/METRO



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Canada | metr

NEWS Tuesday, September 8, 2015





Jihad Al Mawed is in Edmonton is worried the Canadian government's denial of his refugee status could force him and his family to return to Syria. LIAM KAVANAGH-BRADETTE/ FOR METRO

# To be a citizen of no country

metr

The Syrian Crisis The Tragedy

#### **Crisis renders** Syrian-born **Palestinian** man stateless



Tim Querengesser Metro | Edmonton

In an Edmonton apartment echoing with the cellphone ring tones and Arabic greetings of his extended family sits Jihad Al Mawed, silently worrying about his wife and children in Dubai.

Al Mawed is a Palestinian, born in Syria, who's now been denied refugee status in Canada. But that's of less concern to him than what the decision could mean for his wife and five

children back in the United Arab Emirates, all because of the war in Syria. "My family is in risk," Al Mawed says.

In March 2014, Al Mawed left Dubai for Edmonton to see his dying mother. He had lived in Dubai since 1987 as a temporary worker and his children were born there, but received no permanent residency.

He stayed longer than expected in Edmonton, however, as his mother, also a Palestinian-Syrian refugee, suffered for months before dying last June.

That extension spiralled into a dilemma. After just one month here, Al Mawed says, he was told he had lost his job driving a bus in Dubai.

For a UAE citizen, this would be an inconvenience; for a temporary UAE resident, however in a nation that deports temporary workers regularly — he says the lost job could see his family deported back to Syria's chaos.

"I'm scared. My family is in risk. My visa (in UAE) is finished and now they will maybe send my family back to Syria. I'm scared my kids will be forced into the army and fight in the war. We don't want any part in the war. My home in Syria ... is already destroyed. I wanted to bring them to Canada."

Unlike most of the 12 million displaced Syrian nationals currently seeking asylum from their country's bloodshed, as a Palestinian refugee with Syrian documents, Al Mawed has even fewer options.

Jordan now accepts Syrian refugees but often refuses Palestinian refugees.

The same anti-Palestinian policies, either overt or subtle, apply to several other countries as well, including Lebanon, which has accepted one million Syrian refugees. Al Mawed fears, any deportation from the UEA could see his family end up

He's double discriminated (against) because He's a stateless Palestinian.... The truth is, nobody wants him.

Simon Trela, lawyer

back in Syria.

As many in Canada are demanding their leaders act to help Syrians immigrate to safety, the many caveats Palestinians linked to Syria face are hard for even immigration experts to explain.

In March 2014, Al Mawed applied to be a refugee in Canada but was refused.

In July 2014, the Immigration and Refugee Board of Canada inspected his application and ruled he's not a refugee under its definitions and "not a person in need of protection.'

In April 2015, his appeal was dismissed.

The first decision noted Al Mawed could not provide adequate proof he had lost his job in UAE. Next, the appeal refusal noted Al Mawed's family's fate in UAE cannot "be a factor in this decision."

The only recourse left to Al Mawed is a federal hearing, which was granted for this November.

Simon Trela, a lawyer with Tarrabain Raponi & Čompany in Edmonton, has been representing Al Mawed since his first application was denied.

Trela concedes the only evidence he has that Al Mawed has lost his job in Dubai is his client's assertion of that - and this is the central argument the Immigration Board has fo-

But regardless, Trela says, Canada is "setting Al Mawed up for failure." He says Al Mawed's not allowed to get a driver's license or study English here, thus it's hard for him to work.

Further, Trela says, Canada has barred him from going back to the UAE, while also denying him refugee status and allowing him to sponsor his family to come here.

"He is so desperate. His family is there," Trela says.

On Al Mawed's worry that his family will be deported to Syria, Trela notes that the UAE often expels foreigners but doesn't force them to go anywhere. But, given the lack of welcome many Palestinians face, he says, there is a possibility Al Mawed and his family could be forced back there. "I think he's double discriminated [against] because he's a stateless Palestinian," Trela says. "The truth is, nobody wants him."



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# Transplant twins start kindergarten

#### **Defective livers** originally meant a grim prognosis

Little Binh and Phuoc Wagner hopped onto a school van recently on their way to kindergarten class for the first time.

Their parents, Johanne and Michael, couldn't get over the normalcy of the situation.

At this time last year, there were some thoughts, however fleeting, that the twin girls from Kingston, Ont., might never make it to school. They had just been placed on a transplant waiting list for new livers because of the effects of Alagille syndrome, a rare genetic disorder that affects vital organs.

Without new livers, the girls would die.

Michael was willing to donate part of his liver, but he couldn't give to both girls. And he wasn't sure if he'd be a match for either child. So the family went public, their story capturing the world's hearts.

It turns out Michael was



Johanne Wagner helps Binh out of the school vehicle after Binh and Phuoc's first day of junior kindergarten.

LARS HAGBERG/THE CANADIAN PRESS



This is the way it's going to be and we don't have to get stressed out as much any more.

Michael Wagner

a match, and he let doctors choose which daughter would get his liver. The other would have to wait.

Doctors chose Phuoc and

performed surgery in February, giving her part of Michael's liver. Then they waited. Two months later they found another donor. That one was anonymous.

Life was chaotic. Now it's calmer, as calm as it can be for a family with nine children.

"It was quite normal, almost anti-climactic, but this is the way it's going to be and we don't have to get stressed out as much any more," Michael Wagner says.

Life has completely changed for the Wagners in their own room. The Wagners had to shuffle their house around to give the girls their own room, which included giving up their master bedroom so their four boys could move into the newly

and their nine children. The

twins, who are development-

inflicted upon their bodies,

are reaching new milestones daily. Their skin glows. It used

to have a yellow tinge, as did

The feeding tubes have been removed from their

bellies. Their medications,

which numbered in the doz-

ens, have been drastically re-

duced. They can talk. They

can dress themselves. And

they've finally moved out of

the cribs into their parents'

bedroom into "big-girl beds"

their eyes.

created "dorm room." And yet life is normal. Sure, there are the crises and ups and downs of life, but there isn't a guillotine hanging over the necks of the girls.

"Tonight we're dealing with a little girl who doesn't want to drink her milk," Michael Wagner says.

THE CANADIAN PRESS



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**TEMPORARY FOREIGN WORKERS** 

#### Foreign sailors paid \$2 per hour: Union

The Seafarers' International Union of Canada is preparing to take the federal government to court over the use of foreign sailors — some of whom are allegedly being paid as little as \$2 per hour — on internationally-flagged ships in Canadians

The labour group, which represents unlicensed sailors in all of the country's coastal waters, has been firing warning shots for month over the growing refusal of shipping agents to hire Canadian crews — something to which the federal government has allegedly has turned a blind eye.

The union intends to ask the Federal Court in Vancouver on Tuesday for a judicial review of the practice of issuing the foreign sailors temporary work permits.

The union points to the 60,000 ton, Greek-owned tanker Amalthea, which was just in the Port of Montreal and licensed to be



#### The law says those jobs should go to qualified Canadians first.

Seafarers' union president James Given

transporting crude oil in Canadian waters until Sept. 13. Fourteen employment contracts show hourly wages for non-licensed crew members range from as little as \$2.13 to \$8.80, depending upon the job and before overtime.

Seafarers' union president James Given said such exploitation is common in international shipping, where companies will hire sailors from the Philippines, Indonesia or other poor countries for a tiny fraction of what Canadians would make.

THE CANADIAN PRESS



Stephen Harper helps Saji Mangalathu prepare bags of curry

# Tories drop 2 candidates

#### ELECTION 2015

#### **Embarrassing** videos surface of two Toronto **Conservatives**

The Conservatives stumbled as the federal election reached an unofficial milestone on Monday, dropping two candidates from their slate in the important battleground of the Greater Toronto Area after embarrassing videos surfaced in the mainstream media and online.

Jerry Bance, who was running in Scarborough-Rouge Park, was the first to go after reportedly being caught on camera urinating into a coffee cup while he was an appliance repairman.

The day got worse as Tim Dutaud, the candidate in Toronto-Danforth, was declared persona non grata by the federal party a short time later.

A Conservative official confirmed a man seen making prank calls in several YouTube videos

- including one where he pretends to have a mental disability is Dutaud.

The revelation came just before Prime Minister Stephen Harper said re-elected Conservatives would improve a federal disability grant program, one championed by Jim Flaherty, the late finance minister.

During a campaign stop in Mississauga, Ont., Harper tersely attempted to put the best spin on the losses when asked what the incidents said about the quality of candidates he was attracting.

"What this says is that we keep the highest standard for candidates and these two individuals are no longer candidates," said Harper, who later in the fivequestion availability indicated that the Conservatives would find replacements for both ridings.

Bance, who runs an appliance repair company, was bounced from the Conservative slate after the CBC reported its hidden cameras on the show Marketplace caught him urinating into a cup while he was on a service call in 2012. THE CANADIAN PRESS



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- Access Calgary Eligibility Appeal Board
- Advisory Committee on Accessibility
- Airport Authority (Calgary)
- · Audit Committee

- BiodiverCity Advisory Committee
- · Calgary Parking Authority
- · Calgary Technologies Inc
- · Combative Sports Commission
- · Convention Centre Authority
- Heritage Authority (Calgary)

- Planning Commission (Calgary)
- · Police Commission (Calgary)
- Protective Services Citizen Oversight Committee
- · Public Art Board
- Saddledome Foundation
- Taxi Limousine Advisory Committee

#### The deadline for application submissions is Tuesday, Sept. 15, 2015.

City Council will select board, commission and committee members at the Organizational Meeting of Council on Oct. 19, 2015. For further information on the application and appointment process, please visit calgary.ca/cityclerks or contact the City Clerk's Office at 403-268-5861.



#### HE LEADERS ARE TUESDAY

- Stephen Harper will be in Ontario: Mississauga and St. Catharines.
- Justin Trudeau will be in Amherst, N.S. and Fredericton, N.B.
- Tom Mulcair will be in Montreal and Toronto.

Elizabeth May's itinerary was

metr
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# Hunter may go scot-free

ZIMBABWE

# Prosecuting lion killer 'bad for business,' official says

Zimbabwean authorities seem to have cooled off on pursuing the case against Minnesota dentist Walter Palmer, amid fears having the American bow hunter extradited for killing Cecil the lion could hurt Zimbabwe's hunting business.

It has been a month since Environment, Water and Climate Minister Oppah Muchinguri announced that the police would process paperwork to have Palmer extradited for participating in a hunt that authorities here said was illegal. On Monday there were no new developments in the matters, police spokeswoman Charity Charamba said.

"I still have nothing on that case," she said.

The National Prosecuting Authority, which is responsible for processing extradition requests, said Palmer was not on its files because the police had yet to pro-



Protesters outside Dr. Walter James Palmer's dental office in July. Palmer gave an interview Sunday in which he disputed some accounts of the hunt, expressed agitation at the animosity directed at those close to him and said he would be back at work within days. THE ASSOCIATED PRESS

cess a docket for Palmer, a dentist from suburban Minneapolis.

In an interview on Sunday in Minneapolis, Palmer said he believes he acted legally and that he was stunned to find out his hunting party had killed a treasured animal in July. Cecil was a fixture in Zimbabwe's Hwange National Park and had been fitted with a GPS collar as part of Oxford University lion research.

Pursuing Palmer without a concrete case could rattle potential big-paying customers from the United States, said both a Zimbabwean government official, and safari operators.

Theo Bronkhorst, a Zimbabwean professional hunter who helped Palmer, has been charged with "failure to prevent an illegal hunt." Honest Ndlovu, whose property is near Hwange National Park, faces a charge of allowing the lion hunt to occur on his farm without proper authority. Palmer's hosts should have ensured the hunt was legal, said Emmanuel Fundira, chairman of the Safari Operators Association of Zimbabwe.

"These are the people expected to know the rules and advise clients accordingly," he said. "Clients may end up think3

#### American hunters spend big. They are a huge market for us.

Senior Zimbabwean official, who refused to be named

ing twice before coming to Zimbabwe if such cases are not handled carefully. Authorities have to be sure there is a case before pushing for the extradition of these hunters."

Hunting supports about 800,000 rural Zimbabwean families, said Fundira.

Having Palmer extradited would "be bad for business," said a senior official in the ministry of environment, water and climate, who refused to be named cause the killing of Cecil is before the courts...

"American hunters spend big. They are a huge market for us," he said. "We still want them here. Zimbabwe sends delegations every year to lure those hunters to bring their money here. They will stop coming if the risk of arrest is high." THE ASSOCIATED PRESS



#### 🛑 IN BRIEF

#### Lightning kills 22 people in southeast India

Lightning has killed 22 people, mostly farm labourers working in fields, across the southeastern Indian state of Andhra Pradesh, officials said Monday.

The fatalities occurred Sunday evening when thunderstorms and rain lashed eight districts in Andhra Pradesh, said N. Chandrababu Naidu, the state's chief minister.

Two women's cricket teams had a narrow escape when lightning struck a tree on the grounds where they were playing in Guntur town, said Sitapati, a district cricket official. "It was a miraculous escape for the players and the people at the grounds," said Sitapati.

A tree caught fire after it was hit by a lightning bolt, and the deafening sound that followed led players and spectators to flee the grounds in panic, he said.

Lightning strikes are common during India's monsoon season, which runs from June to September. However, Sunday's toll was unusually high. THE ASSOCIATED PRESS

#### TAJIKISTAN

#### Chance photo may send gardener back to school

A city gardens worker in the capital of Tajikistan has become a local celebrity through a chance picture taken by a visiting Romanian photographer.

Internet and local TV reports about 19-year-old Munira Mirzoyeva's inclusion in the Atlas of Beauty — an online compendium of the diversity of feminine beauty around the world — have made her readily recognizable on the streets of Dushanbe where she plants flowers.

She hopes this newfound fame will help rescue her from relative poverty. She wants to resume her studies so she can get a job better suited to supporting her family in the former Soviet nation in Central Asia, where she shares a one-bedroom apartment with her parents and four younger siblings.

Mirzoyeva's dream is to become a doctor, although she was forced by poverty to stop her

education while still in elementary school.

Following her improbable rise to fame, online groups have sprung up to raise money to send her back to school. That has sparked a hope that appeared remote until only a few weeks ago.

"If the chance presents itself, I will definitely continue my studies, because that is my biggest dream," Mirzoyeva said. "I like my job as a gardener, but because I don't have the opportunity, I cannot study. But if I get the chance, I will definitely do it." THE ASSOCIATED PRESS



Munira Mirzoyeva
PETER LEONARD/THE ASSOCIATED PRESS

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### Leaders split on next steps

metr

The Syrian Crisis The World Reacts

#### Hungary's PM: Security before immigration

Several hundred Arabs, Asians and Africans tired of waiting for buses broke through Hungarian police lines near the Serbian border Monday and marched north on the main highway to Budapest as authorities once again demonstrated an inability to control the human tide passing through Hungary.

The renewed trouble underscored the growing sense across the continent that the 28-nation European Union must reach a continent-wide agreement on sharing responsibility for sheltering more of the estimated 340,000 asylum seekers who have arrived in the 28-nation bloc already this year.

French President Francois Hollande announced his country

would welcome 24,000 refugees. while he and German Chancellor Angela Merkel had agreed on a formula for spreading the migrant load across Europe.

But Hungary's prime minister, Viktor Orban, said he wasn't prepared to pitch in and questioned how any EU quota system based on current figures could resolve the real issue of unrelenting immigration.

Even as calm returned Monday to the main Austria-Hungary border crossing where more than 15,000 people crossed over the weekend en route to Germany, Hungary's leader hit back at European partners who blamed his country for stoking the chaos.

Orban said Europe first must focus on security measures designed to force travellers from troubled lands to seek asylum in neighbouring countries, not travel thousands of kilometres into the heart of Europe. He said the current discussions on a new quota to handle 120,000 migrants soon would lead to discussions on hosting millions more. THE ASSOCIATED PRESS



Syrian and Iraqi refugees walk along rail tracks on their way to cross Greece's border with Macedonia, near the Greek village of Idomeni, Monday. Thousands of migrants and refugees were crowding at Greece's border with Macedonia on Monday mor-

#### **Putin considers deployment of troops**

#### metr The Syrian Crisis The World Reacts

Signs of an ongoing Russian military buildup in Syria have drawn U.S. concerns and raised questions about whether Moscow plans to enter the conflict.

President Vladimir Putin has been coy on the subject, saying Russia is weighing various options, a statement that has fuelled suspicions about the Kremlin's intentions.

Observers in Moscow say the Russian manoeuvring could be part of a plan to send troops to Syria to fight the Islamic State of Iraq and the Levant, in the hope of fixing fractured ties with the West. They warn, however, that Putin would likely find it hard to sell his idea to

a skeptical U.S. and risks potentially catastrophic repercussions if he opts for unilateral military action in Syria.

By playing with the possibility of joining the anti-ISIL coalition, Putin may hope to win a few key concessions. His main goal: the lifting of Western sanctions and the normalization of relations with the United States and the European Union.

While Putin said Friday there is no talk "just yet" about Russian troops joining the fight against ISIL, he added, "we are looking at various options."

The Russian leader is set to attend the United Nations General Assembly later this month, and some analysts say a proposal to deploy troops to Syria could be the focal point of his visit. THE ASSOCIATED PRESS



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A Syrian refugee who was part of a protest in Montevideo, Uruguay, on Monday. AP/MATILDE CAMPODONICO

# 'No future' in Uruguay

metr

The Syrian Crisis **Finding A Home** 

#### **Protesters sav** they are unable to support their families

Five families of Syrian refugees welcomed to Uruguay last year protested outside the presidency building on Monday demanding that authorities let them leave the South American country.

Uruguay welcomed the 42 Syrian refugees fleeing civil war in October 2014. The members of the families now say that local officials promised more than they could deliver. They said Uruguay is expensive and there are no jobs.

"There's no future for us here. The government's aid plan lasts two years and one has passed by," Ibrahim Al Mohammed, the head of one of the families told The Associated Press.

"I work at a hospital and my salary is small, 11,000 pesos (about \$380). I have a wife and three young sons. What will I do to earn a living when the help runs out?"

The head of Uruguay's Human Rights Secretariat, Javier Miranda, defended the refugee program, saying that Uruguay hoped that the Syrians could have a dignified life. He acknowledged that Uruguay is an expensive country, but said the job offers are the same for everyone and that the aid cannot extend beyond two years.

Under former President Jose Mujica, Uruguay initially agreed to receive a total of 120 Syrian refugees. Foreign Minister Rodolfo Nin Novoa has said that a second group of seven families will arrive later this year and has rejected criticism by some Uruguayans who say their country should not receive more refugees. THE ASSOCIATED PRESS

#### Drone strike kills 3 ISIL members

Prime Minister David Cameron revealed Monday that British forces had used a drone strike over Syria in August to kill three Islamic State of Iraq and the Levant fighters, including two Britons.

He told Parliament that the attack was legally justified because the militants were plotting lethal attacks against Britain and the fighters could not be eliminated any other way.

There was a terrorist directing murder on our streets and no other means to stop them," Cameron said, adding that the decision to launch the attack hadn't been taken

The prime minister said the deadly Royal Air Force strike was permissible because of Britain's intrinsic right to selfdefence and had been approved by the attorney general.

The Aug. 21 attack on a car in the Syrian city of Ragga, an ISIL stronghold, represents an escalation for Britain, which had not participated in military actions in Syria. Cameron said the threat made action mandatory. THE ASSOCIATED PRESS

#### EMERGENCY

#### Thousands of refugees to be taken in by EU countries

France and Britain on Monday committed to take in thousands more people as the European Union struggles with its biggest refugee emergency since the Second World War.

France is to welcome in 24,000 refugees from Greece, Italy and Hungary, while Britain will resettle up to 20,000 refugees living in camps outside the EU. Bel-

gium announced Monday that it is willing to accept 250 "war refugees."

Cyprus stands ready to accept around 300 refugees. Finland will take in 1,050 refugees this year under a UN refugee agency scheme. Ireland will accept 520 Syrian refugees. Poland will welcome 150 Syrian Christian refugees. In July, EU nations committed to share in relocating and resettling some 50,000 refugees from Greece and Italy and some third countries. Here are numbers of refugees some countries have committed to take in:

- Austria 1,900
- Belgium 2,464 Bulgaria 500
- Croatia 550 Cyprus — 242
- Czech Republic 1,500
- Denmark 1,000
- Finland 1,085
- France 9,127
- Germany 12,100

- Greece 354
- Hungary 0 Ireland 1,120 Italy 1,989
- Netherlands 3,047
- Poland 2,000
- Portugal 1,500 Romania — 1,785
- Slovakia 200
- Slovenia 250
- Spain 2,749
- Sweden 1,860
- U.K. − 2,200

Total: 45,995

THE ASSOCIATED PRESS



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after provincial regulators suspended the licences for them last month.

The Alberta Energy Regulator says that after inspecting Nexen's Long Lake facility and reviewing documents, it has determined that about 40 utility pipelines that carry fuel gas, natural gas and water pose a low risk to public safety and the environment.

It says Nexen has demonstrated the utility lines can be operated safely and within all regulatory requirements.

But the regulator says the remaining 55 pipelines affected by the order, which contain products including crude oil, natural gas, salt water, fresh water and emulsion, must stay closed until the company can demonstrate they're safe

to what it called non-compliance surrounding pipeline maintenance and monitoring.

Nexen says in a news release that the reopening of the utility pipelines means it will be able to maintain approximately 75 per cent of its Long Lake oil sands production and upgrader operations.

THE CANADIAN PRESS

are allowed to reopen their pipelines, the company will be able to maintain 75 per cent of its production capacity. THE CANADIAN PRESS

# Nexen permitted to reopen pipelines Nexen Energy is being allowed to reopen some pipelines at an Alberta oilsands operation after provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat Long Lake on August 28 due to what it called non-compared to the provincial regulators susat 28 due to what it called non-compared to the provincial regulators susat 20 due to the provincial regulators 20 due to the provincial regulators 20 due to the provincial regulators 20 due t

#### ENBRIDGE

#### **Cross-border** crude oil sands project opposed in U.S.

A U.S. court begins hearing arguments this week in a lawsuit that claims increased volumes of oilsands crude have been allowed to flow from Canada into the United States without adequate public input or environmental review.

Indigenous and environmental groups filed a lawsuit late last year against the U.S. State Department and Secretary of State John Kerry in federal district court. Hearings start in Minneapolis on Thursday.

"Plaintiffs' members face increased risk of harm to their health, recreational, economic, spiritual and esthetic interests as a result of the State Department's decision to allow projects



Protesters gather in front of U.S. Secretary of State John Kerry's home in Washington, D.C. Advocacy groups are urging Kerry to stop the pipeline expansion. MARK WILSON/GETTY IMAGES

with significant environmental impacts to proceed without fully analyzing and considering the impacts," the groups said in a complaint filed in February.

At issue are a pair of Enbridge oil pipelines between Hardisty, Alta., and Superior, Wisc.: Line 3 and Line 67, also known as Alberta Clipper.

Both pipelines have presidential permits, the same crucial approval for cross-border infrastructure that TransCanada Corp. has been painstakingly trying to obtain for its Keystone XL project since 2008.

The two sides disagree over

whether it's necessary to go through that process again if more crude is to flow through those lines.

"Enbridge is operating its pipelines consistent with the presidential permits and other permits that it holds for Lines 3 and 67, while meeting its responsibility and obligations to serve its shippers' needs," said Enbridge spokesman Graham White in an email.

In court documents, the defendants say the claims "lack merit" and ask the court to "dismiss the complaint in its entirety with prejudice.

The plaintiffs include the White Earth Nation, an Ojibwe reservation in northern Minnesota; Honor the Earth, an environmental group based on the White Earth Nation; Indigenous Environmental Network; Minnesota Conservation Federation; MN350; Center for Biological Diversity; Sierra Club and National Wildlife Federation.

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**SOUTH KOREA** 

### Canadian-backed group buys retailer

Two Canadian pension plans are part of a consortium that purchased South Korean supermarket chain Homeplus from British retailer Tesco for around \$6 billion US on Monday.

The Canadian Pension Plan Investment Board said it spent \$534-million US for a 21.5 per cent stake in the company.

The Public Sector Pension Investment Board, which manages investments for the federal public service and the Canadian Forces among others, was also a part of the deal but did

not disclose its contribution.

The deal is expected to close in the fourth quarter of 2015, pending approval from the South Korean government and Tesco's shareholders.

Homeplus is South Korea's second-largest retailer, with more than 1,000 outlets across the country.

South Korean private equity firm MBK Partners led the deal and said the consortium will invest \$831 million US in the business over the next two years. THE CANADIAN PRESS





# METEWS

Your essential daily news

Tuesday, September 8, 2015

#### metro's election explainer

#### What are the parties promising to refugees?

metr

The Syrian Crisis

#### The Response

It took the drowning of a three-year-old whose family hoped to settle in Canada to draw attention to the four million people who have fled Syria since 2011. The outcry has forced all the parties to articulate what they would do, if elected, to alleviate the humanitarian crisis.

Their promises pale in comparison the country increasingly seen as Syria's saviour. Germany — which, it should be said, was the source of millions of refugees during the Second World War — plans to process 800,000 people fleeing Syria this year. If Canada did the same per capita, we'd be welcoming close to 350,000. Here's where our leaders stand, and a look at their past commitments to refugees.

#### **New Democratic Party:**

Promise to admit 10,000 Syrian refugees this year; 46,000 by 2019

**Liberal Party:** 25,000 this year

Conservative Party: 10,000 Syrian and Iraqi refugees in the next three years, on top of a 10,000 commitment made in January. (About 2,500 have been welcomed under Harper so far).

#### Tories

Stephen Harper said many times that Canada is doing its part to respond to the crisis by addressing what he sees as the root cause: terrorism in ISIL-occupied parts of Syria and Iraq.

Past participation The Progressive Conservative government of Joe Clark led an effort to settle 50,000 South Asian refugees in the wake of the Vietnam War in 1979.

#### Grits

Liberal Leader Justin Trudeau has called for a leaders' meeting to discuss the crisis — there's no sign of that yet — as well as calling for more than 10 times more Syrian refugees to be accepted than have been admitted to date.

**Past Participation**The Liberal government of

Pierre Trudeau responded to an ethnic cleansing of South Asians from Uganda by bringing in 7,000 refugees in 1972-73.

#### NDP

Leader Thomas Mulcair has said "no amount of military action" will address Syria's crisis, calling for "quick" humanitarian assistance instead

#### **Past Participation**

New Democrats have never formed a federal government. But in the 1930s, J.S. Woodsworth, the leader of the party's predecessor, pleaded for acceptance of Jewish refugees fleeing Nazism, saying he felt "helpless and ashamed" about the country's lack of response.



**Helping hand:** A Syrian woman arrives Monday, via boat from Turkey, on the Greek island of Lesbos.

THE ASSOCIATED PRESS

The election explainer is dedicated to keeping urban Canadians informed ahead of the Oct. 19 vote. Look for it in this space throughout the campaign. Let us know what needs explaining: readers@metronews.ca

# I don't limit my 13-yearold's gaming. Here's why.



Catherine Little For Metro

I have a confession to make: My son, Alex, received his first hand-held video game when he was 3. My sister, with our permission, got Alex a Leapster, a child-targeted education gaming system, for Christmas.

He loved it. And soon he wanted more. In the early years, I learned every video game Alex wanted to play. Let's just say I got to be pretty proficient at Plants vs. Zombies, and even heard Alex brag to his friends about how his mom had beaten the game.

We'd sit on the couch, passing the iPad back and forth. We'd cheer each other on, discuss strategy and debate what the best buys for each level were. I started appreciating the skills and thinking needed to play the games successfully.

Now, at 13, my son spends

all of his spare time on his iPad. This seems to bother his father a lot more than it bothers me. Alex has friends whose parents try to limit the amount of time their children play video games. Personally, I'm conflicted about how much is too much.

When Plants vs. Zombies gave way to more violent games, I started to worry, and I looked into the science. I needed help deciding if I should restrict how much time Alex spent doing what he loved to do. I've chosen not to.

Evidence is on my side. An emerging body of research hints that video games may be more than OK.

My husband, who is a doctor, used to worry Alex's gaming habit might harm his school performance. However, a large Australian study last year found no evidence video games had a negative impact on kids' grades. Even after the researchers looked at the international science, math and

reading test scores of 192,000 students in 22 countries, they found that frequency of video game use had no significant effect on achievement.

But could violent games make my kid violent, or at least aggressive? Yet another apparently unfounded worry. A 2013 Springer study of 377 American kids found no association between violent video games and delinquency or bullying, even in children with depression or hyperactivity.

Î breathe a little easier knowing I'm not interfering with his potential or encouraging hooliganism.

But what about those strategy games he always seems to be in the middle of when I say, "Dinner is ready"? Though they're hard to tear kids away from, research suggests the planning and multitasking required by these kinds of games may improve cognitive flexibility — the crucial ability to juggle more than one concept in your mind and switch

fluidly between them.

Since Alex was little, many of his friends' parents have told us that they carefully restrict their kids' screen time.

I'm still not sure what to say to them. On one hand, I understand how difficult it is to live with a teenager who eats, breathes and sleeps video games. On the other, research doesn't support the idea that video games are the source of all evil, as some seem to think.

Despite being allowed to use all of his spare time gaming, Alex is an honour-roll student, swims at a high level, plays house-league baseball and is generally a nice kid. I'm not positive this is the right approach. But I spent as much time watching TV in my youth as my son now spends on his iPad. My parents worried I'd melt my brain, but it seems to have worked out OK for me.

Catherine Little is a Toronto-based science and mathematics educator and writer.

#### ROSEMARY WESTWOOD

metroview

### A new argument for screen-free time: Avoiding advertising

It's a messaging minefield out there on the web.

Scrolling through social media feels like walking down a crowded market street to the shouts of vendors hawking hair extensions, even though they should know, by the hundreds of photos I've posted to social media, that I have a great hair.

This is modern life: suffering through the detritus of wonky algorithms that may or may not know you, and both options are bad.

No, Facebook, I don't want to click on the image of an overweight woman whose "SHOCKING New Look Has Him Kicking Himself".

First, I'm not into bodyshaming. Second, I suspect it's sponsored content because none of my 635 Facebook "friends" post things like that. Third, I know it's sponsored content because, even though you've dressed up the avatar as the sexy brunette Sophia Jones, you've had to add that small "sponsored" tag.

BTW, Facebook, I'm also meh about zombie culture.

Instagram's no better.
So I follow a few fashion
designers. That's aspirational,
maybe even masochistic.
I can no better afford that
Mercedes-Benz you've
pushed into my feed than
a Vera Wang dress. Even if
I could, I tend to think unnecessarily expensive cars

are a great way to advertise your warped priorities. (If you've driven by me in your Ferrari and I ignored you, it was on purpose.) Canadian Tire is more my price range, but Instagram should know that if I want to find out how to hang a picture, I won't look for a sponsored post. I'll Google it.

Elsewhere on the web, I am tormented by ads that are harder to deride and dismiss.

I'm considering visiting websites with products that I hate, just so I don't have to look at the dove-grey, large-face gold-rimmed watch I'd love to buy, but can't afford, or the soft white leather slip-on shoes that would look great with the wide-leg anklelength slacks I am coveting.

It is cruel to have to research a story while images of things I want but cannot have rotate on repeat at the side of my screen.

Of course, this is the world now. We were told they'd start following us and anticipating our needs. When they don't get it right, it's to ridiculous effect. When they do, it's taunting.

Maybe a new argument should be made for screen-free time, one based not only on avoiding harmful blue light and scattered attention, but also on avoiding the reflection of who algorithms say you are. So you can just he



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# Rush weak for Canadian frats

**FRATERNITIES AND SORORITIES** 

#### Why the Greek life is a much bigger deal on campuses south of the border

Given all the inequities foisted upon Canadian consumers compared to the spoiled shoppers to their south, it's safe to assume few have spent significant time dwelling on the absence of choice when it comes to wooden bum-spanking paddles.

But it's true. Add tush-thumping paraphernalia to the list of goods where American consumers have greater options, only in this case the huge gap in choices between Amazon.ca and its American site tells a fascinating sociological story.

It's the story of fraternities.

The Greek-letter organizations are much more prevalent in the U.S., hence the bigger market for hazing instruments — or as the sellers describe them, stained-wood, engravable, spanking-themed college souvenirs.

How did this Canada-U.S. cultural divide occur? The answer goes back a couple of centuries, but a good starting point for understanding it happened in the summer of 1984.

Just days after Hollywood released Revenge of the Nerds, then-president Ronald Reagan signed into law the National Minimum Drinking Age Act, making it harder for anyone under 21 to score booze in a commercial establishment.

It just so happened that campus clubs were sitting on a few billion dollars' worth of private property, accumulated since the early 19th century — frat houses.



The 1984 film Revenge of the Nerds helped entrench fraternity life in American popular culture. 20th Century FOX/THE ASSOCIATED PRESS/THE CANADIAN PRESS

These houses have provided a sanctuary for insobriety in a way Canadian kids might not appreciate, given their ability to waltz into bars at age 18 or 19 and demand Molson's without fear of bouncers checking ID.

"Greek life can dominate the social scene at (U.S.) colleges and universities," said Susan Lipkins, an expert on fraternity initiations who runs the site insidehazing.com.

"If you look at the universities you can say, 'Oh, it's only 10 to 20 per cent (enrolment),' one would

think they don't have that much power. But they

"They're in charge of parties."

Enrolment numbers illustrate why there's so much more Greek-themed

college memorabilia on Amazon.com than Amazon.ca.
Sorority membership has practically doubled in the last decade, with about 660 chapters in the National Panhel-

lenic Conference. Only a dozen are in Canada. Same for fraternities:

Tau Kappa Epsilon is the biggest in terms of chapters, with 259. Five are in Canada.

The original fraternity was founded at Virginia's College of William and Mary in 1776 — a century before the first Canadian fraternity chapters opened.

Inspired by medieval societies and their secret initiations, it was named Phi Beta Kappa because one founder was a recognized Greek scholar.

"Beer kegs, toga parties, and goldfish eating were not yet part of the Greek curriculum," says the book Inside Greek U.

As colleges opened to the masses, the culture changed.

When women and minorities arrived, some disturbing behaviour followed — including sexual assault and racial segregation. A 1952 incident telegraphed a new hyper-machismothe state of Missouri called in the

National Guard amid the bedlam of the earliest known panty raid.

They still offer benefits — professional networking and cheaper housing.

Canadian Supriya Dwivedi heard from American sisters that Greek life was their ticket to affordable housing and parties.

Which wasn't the case in Montreal. "At McGill it wasn't like being in a sorority or frat was necessary or even viewed as being something cool," said Dwivedi, now a public affairs consultant.

"Most of the time when people found out I was in a sorority, their initial response was to ask me, 'Why?"

As for the hazing, several Americans interviewed said it wasn't so bad. They compared it to military boot camp — an unpleasant means toward bonding.

They had to study obscure details about their fraternity and recite them under pressure. Delaware native Patrick Zingaro recalled only one incident: a cut on his elbow from being forced to lie in a basement.

That, and they made him drink a live goldfish. The CANADIAN PRESS



If you look at the universities you can say, 'Oh, it's only 10 to 20 per cent (enrolment),' one would think they don't have that much power. But they do... They're in charge of parties.

Susan Lipkins of insidehazing.com

# Don't get schooled by student debt

#### BUDGETING

#### **Before sending** your scholar off, have a chat about finances

Gail Vaz-Oxlade For Metro Canada



Despite years of teaching my son about money, there was still ground left to cover before he headed off to college or university this year. How would he manage the money he'd need for tuition, books and living? Would he get and use a credit card? And when was it okay to call home to mommy?

Did you take the steps to make sure you've prepped your young 'un for their new, independent

#### 1. Have the cash flow chat

Whether she's going to school using student loans, money from that diligently saved RESP or summer work savings topped up with help from mom and dad, it's time your daughter learned about the mistakes that can be made with a budget and wallet. Whatever she's got is likely more money than she's had to handle.

Step 1 is allocating the money that will cover school costs: tuition, books and supplies, getting to and from school, and residence cost or first and last month's rent if she's living off campus. Don't forget the money for that first big grocery shop or to cover the student food plan. And set a little something aside for emergencies, say about \$500.

Step 2 is splitting up what remains over the amount of time she'll be at school. Some programs run a full calendar year, so she'll need to spread the money over 12 months. If she's at school from September through April, divide what's left by eight to come up with a monthly budget.

Ah, the budget. Here's where essential expenses rub up against less important needs and wants. While food, Internet and medical costs are essential expenses for students, sushi and cable are definitely wants.

2. Set an upper limit on debt Since your child's student loan came relatively easily and with-



Introduce junior to concepts like cash flow well before he moves into residence. ISTOCK

out clearly defined limits, it may disappear just as quickly without a plan. The same is true for a student line of credit or the balance on a credit card. It makes no sense to take on more debt than he can ever afford to pay back, regardless of the form. So helping him understand how much debt is enough is important.

Here's a rule of thumb: He should plan to graduate with no more than his first year's net income in total debt. So if the job he's heading to will put \$37,000 a year in his pocket after taxes, that's as much debt as he'll leave school with.

Credit card debt? Is that really a good idea?

Well the debt part isn't, but the credit card part is. There's no easier time to get a credit card than when you're in college or university. Students should take advantage of the opportunity by using that card to cover essential expenses like food, then paying the bill in full every month. That'll help them establish credit identity and teach the importance of tracking expenses.

**3.Make your role clear** Calling home to mommy or daddy because your student couldn't resist the urge to buy shoes or got blotto-drunk and lost the weekly grocery money at poker shouldn't even be an option.

Sure it's hard to watch kids tough out a difficult week or three. But part of living on their own is to learn that they can stand on their own two feet. If you keep rushing in to rescue them, you'll be teaching them that you don't trust them to fend for themselves and that they're totally dependent on you. It's fine to be your child's safety net in situations no one could have anticipated. But replacing coats that have been lost or cellphones that have been drowned isn't part of the deal, so make that clear.

Check in bi-weekly in the early months. If your student proves he or she can't manage the lump sum money, step in and pay a monthly (or even weekly) salary, giving no more than the basics until he or she gets the hang of managing the money.

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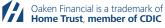
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# Sleep pods aren't everything

JOB SATISFACTION

#### Don't be fooled by office perks, research true work culture

Eleni Deacon For Metro Canada

Wannabe tech workers might be enchanted by the promise of complimentary snacks and midday naps in egg-shaped sleeping pods.

Or the hefty paycheques, accompanied by generous signing bonuses and potentially hefty equity. The beanbag-chairs-everywhere stereotype is pretty utopian — but new research suggests tech workers aren't hitting "like" on their jobs.

In a recent survey of 5,000 engineers and developers, the app-maker TINYpulse found that, in every category of inquiry, tech workers were less satisfied than those in other industries. Only 36 per cent of tech employees see opportunities for professional growth, compared to 50 per cent



A scene from season 2 of HBO's Silicon Valley. A recent survey of engineers and developers found tech workers are less satisfied in their jobs than other workers. FRANK MASI/HBO

in other industries. And while 69 per cent in tech say their supervisor has recently recognized their work, three quarters were feeling the love elsewhere. Most disheartening: When asked if they were very happy at work, only 19 per cent of tech workers answered yes, versus 22 per

cent in other fields — a small but statistically significant disparity.

These ho-hum reviews challenge the notion that holy-cow salaries — i.e. the going rate for many tech pros — translate into everyday fulfilment. Making a comfortable income is undoubtedly a key contribu-

tor to employee contentment, since no one likes toiling for crumbs. But the survey points to a bevy of factors — understanding your company's values, feeling appreciated, having solid relationships with your colleagues, among others — that determine whether or not workers will

spend every weekday longing for Saturday.

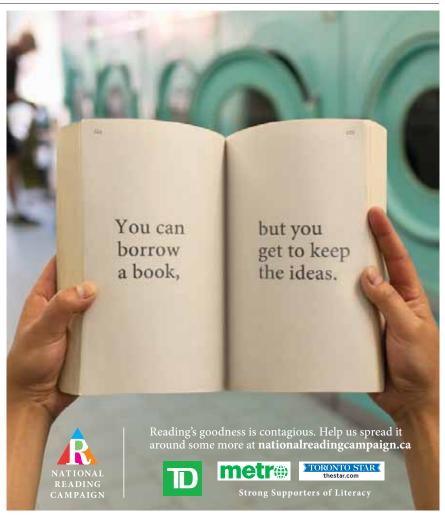
To dodge 9 to 5 misery, jobhunters should prioritize company culture as highly as cash — and perhaps even more than the nitty-gritty of the work itself. You may enjoy the actual tasks on your to-do list, but if your

boss never notices your efforts, you don't agree with your organization's principles, or you can't stand spending 40 hours per week sharing a cubicle with Bob, it's likely you'll dread sitting at your desk. Culture can be tricky to evaluate during a job interview, but it's worth using your question period to pose some tactful — but hopefully revealing — questions about office life. Although Ping-Pong tables in the break room are fun, flashy cosmetic perks are not true indicators of corporate culture. By inquiring about the atmosphere in the office (whether it's chatty or quiet), the organization's mission statement, and professionaldevelopment opportunities, you won't just demonstrate a deeperthan-dollars interest in the position — it will also help you feel out whether a prospective employer aligns with your outlook and goals.

When seeking new work, it's easy to be seduced by the bottom line. But it's by reading between the lines that workers can land gratifying roles.

When it comes to on-the-job happiness, the value of a paycheck is no replacement for an employee's sense of self-worth.





# Caffeine-free wake-up tips

ENERGY

#### Stretches, healthy snacks and cat videos all helpful

Eva Kis Metro | New York



We're all working longer hours, want to spend more time with our families and find a little something left over at the end of the day for ourselves. All of this means sleeping less, and one of the few legal ways to still be functional the next day is with the help of caffeine.

A cup (or four) probably won't do more than make most people jittery, but in concentrated doses, caffeine can be harmful. Last week, the U.S. Food And Drug Administration issued a warning about powdered caffeine after tying the deaths of two young, healthy men to overdoses. Try these tips for more effective, stimulant-free ways to stay awake.

#### **Desk exercises**

Fatigue isn't just in your limbs; You have to periodically reboot yourself head to toe. Roll your eyes and stare at a faraway spot for 20 seconds. Give your brain some mind candy by switching tasks when you're feeling sleepy to something that's fairly fast and easy, like answering emails or even watching cat videos (this has the benefit of lowering your stress levels just as playing with a real animal would). And deep breathing is not just for yoga class — boost your circulation while lowering blood pressure by inhaling using your abdomen.

#### **Intelligent refuelling**

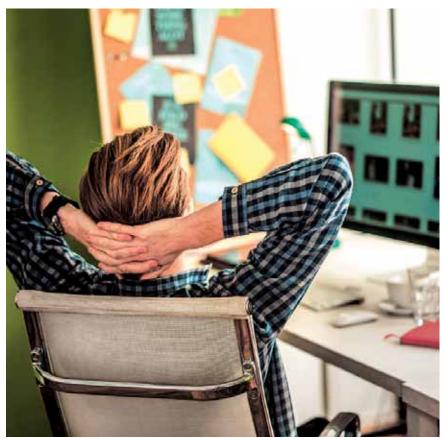
Instead of reaching for an energy bar, or worse whatever is left in the office vending machine, grab something low in sugar and high in protein, like Greek yogurt (with fresh fruit), a handful of nuts or carrots with hummus. This is high-quality energy that won't leave you shaky from low blood sugar in a couple of hours. And remember to drink water: Thirst sets in when two to three per cent of your body's natural hydration is lost, but mental effects show up at as little as 1 per cent loss.

#### **Total-body reboot**

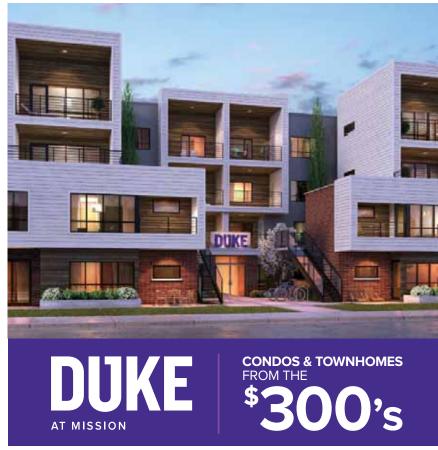
Sitting is killing us just as surely as smoking is, so the next time you're feeling sluggish, go for a walk. Even 10 minutes will boost circulation and energy for up to two hours. Bonus: Put some music on.

#### Get some sleep, already

Seriously, put down your smartphone, turn off the TV and go to bed. Even a single night of sleep deprivation makes you more sluggish, shortens your attention span and hurts your ability to learn. So get some sleep, before lack of sleep gets you.



Not getting enough sleep can elevate stress hormones and affect your work performance. Grabbing a coffee just delays the inevitable, but a good night's sleep will help give you the energy you need to get through the day. ISTOCK





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#### **CENSORSHIP**

#### New Zealand bans YA book

New Zealand censors sparked outrage Monday after banning an award-winning teen novel that includes sex and bullying. Auckland author Ted Dawe

Auckland author led Dawe said he was "blindsided" by the ban on his coming-of-age story Into the River, which won the New Zealand Post children's book of the year in 2013.

"It's extraordinary," Dawe told the New Zealand Herald.

"I've had quite a few emails from people who share that sense of outrage. "Do we live in a country

where books get banned? I'll get burnt next."

The book tells the story of a Maori boy who wins a scholarship to an exclusive

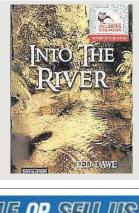
Auckland boarding school

but struggles with racism and drugs.

After numerous battles with censors, selling it can now attract fines of up to NZ\$3,000 (\$1,900) for individuals and NZ\$10,000 for companies.

The Film and Literature Board of Review said the ban was temporary and would be in place until the organization reviews the decision next month.

A spokesman confirmed that no book had been subject to such a ban since current legislation was introduced in 1993. AFP





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**DEMOGRAPHICS** 

# Millennials have poor view of themselves: Poll

Even millennials don't think much of their generation, according to a new poll released last week.

A Pew Research Center study showed that millennials — generally defined as those ages 18-34 — had far more negative views of their generation compared to Generation Xers, baby boomers or other age groups. More than half of millennials, 59 per cent, described their generation as "self-absorbed," while almost half — or 49 per cent — said they were "wasteful," and 43 per cent said they were "greedy."

Around 30 per cent of Generation Xers — those ages 35-50 — said their own generation was self-absorbed and wasteful, and 20 per cent of the baby boomers said the same about their age cohort.

Millennials "stand out in their willingness to ascribe negative stereotypes to their own generation," the study said.

The older the group, the more positively they saw themselves, the Pew study found.

For example, the so-called Silent Generation — those

ages 70-87 — overwhelmingly described themselves as hard-working, responsible and patriotic, at 83 per cent, 78 per cent and 73 per cent respectively. The baby boomers were not far behind, picking those same three words to describe themselves, at 77 per cent, 66 per cent and 52 per cent, respectively.

But the millennials and Gen Xers were not quite so positive about themselves: only 12 per cent of the millennials and 26 per cent of Generation X say they are patriotic; 24 per cent of the millennials and 43 per cent of the Gen Xers say they're responsible; and 36 per cent of the millennials and 54 per cent of Generation X say they are hard-working.

In fact, the highest-ranking positive traits the millennials came up with for themselves were "environmentally conscious" at 40 per cent and "idealistic" at 39 per cent. Many millennials don't even

Many millennials don't even want to be identified as such, with 60 per cent not considering themselves to be part of the "millennial generation." THE ASSOCIATED PRESS

#### HEALTH

# Anti-venom supplies dwindling: Doctors

Doctors Without Borders says the world will run out of one of the most effective treatments for snakebites next year, putting the lives of tens of thousands of people at risk, mostly in developing countries.

In a statement issued Monday, the medical charity warned that existing stockpiles of the antivenom Fav-Afrique produced by Sanofi Pasteur will expire in June. The company stopped producing the anti-venom last year and has since switched to making a rabies treatment instead.

"We are now facing a real crisis," Dr. Gabriel Alcoba, the charity's snakebite adviser, said in a statement. The aid group said there would likely be no alternative to replace the Sanofi Pasteur snakebite treatment for



at least two years.

A spokesman for Sanofi Pasteur said the company was driven out of the market by competitors selling cheaper products, and it announced in 2010 it would stop making anti-venom. Those cheaper drugs are often seen as less effective. THE ASSOCIATED PRESS



# 'Yes means yes' training is now law in New York

UNIVERSITY AND COLLEGE

#### Silence not a green light for sex, incoming students learn

They'd barely arrived on campus at St. Bonaventure University, but already the new students were talking about hooking up.

Administrators didn't mind. In fact, they'd encouraged - even required - it to comply with a new state law meant to prevent sex assaults on campuses.

At colleges elsewhere, students watched skits about sex, saw videos on YouTube, had face-to-face sessions at orientation and clicked through online courses for what has become one of the earliest lessons of college life: That only "yes" — not silence or a lack of resistance — is



#### It definitely cleared up some of the blurred lines.

Rachel Taylor, student

the cue for sex.

In July, New York became the second state, after California, to write the affirmative consent standard into law for campuses.

But it's becoming the norm at colleges around the country that are under the same pressure to reduce and better handle sexual assault

"When they hear the specifics — that it's about checking in all along the way: 'Is this OK?' 'Are you interested in this?' 'Does this feel good?' - that's not that unreasonable for people," said speaker Cindy Pierce, who is hired by colleges to deliver the message to students on different

New York's Enough is Enough legislation, passed with the help of star power from Whoopi Goldberg and Lady Gaga, also gives bystanders who report assaults amnesty from drug or alcohol violations and creates a Students Bill of Rights guaranteeing victims the ability to report assaults and access services.

But it's the uniform definition of affirmative consent that has students recalling comedian Dave Chappelle's Love Contract skit where he pulls a clipboard from the nightstand and instructs a woman to "Just sign here and here."

"We get very frequently that bit where you've got to get a notarized contract," said Kelly Ristow, who was brought in by St. Bonaventure to deliver the humourinfused The Hook-Up: When it's Hot and When it's Not, which made clear the difference between consensual sex and rape.

"It definitely cleared up some of the blurred lines, 18-year-old Rachel Taylor of Erie, Penn., said on her way out of the Saturday afternoon sessions at St. Bonaventure.

Other schools have shown students YouTube videos, including one by Blue Seat Studios with stick figures and a

cup of tea analogy.
"If they say, 'No, thank you,' then don't make them tea. At all," the narrator wryly instructs.

"Just don't make them tea. Don't make them drink tea. Don't get annoyed at them for not wanting tea. They just don't want tea, OK?"

Another video, from Campus Clarity, uses a cellphone scenario and innuendo — "Can I play with your game centre?" — to make the point.

They're showing it to their students as a way to talk about sex without talking directly about sex," said Daniel Swinton, associate executive director of ATIXA, the Association of Title IX Administrators.

St. Bonaventure administrators say the trick is to make the message relevant to 18- to 22-year-olds, without it coming off as a

The New York law advanced by Gov. Andrew Cuomo requires all incoming students, athletes and student club officers to receive education about the law that is reinforced during the year. THE ASSOCIATED PRESS



Administrators say the trick to teaching consent is to make the message relevant to 18- to 22-year-olds, without it coming off as a lecture. CAROLYN THOMPSON/THE ASSOCIATED PRESS



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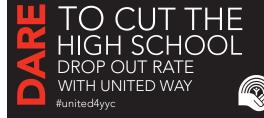
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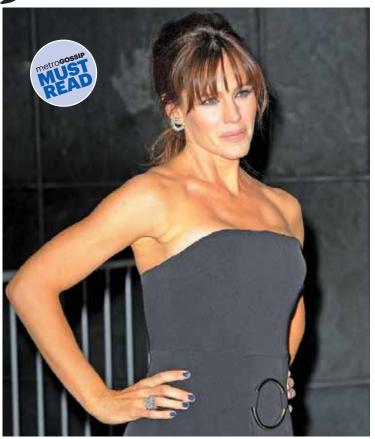




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Gossip | metr#LIFE 28 Tuesday, September 8, 2015

# Jen lets Ben have it



Jennifer Garner ALL PHOTOS: GETTY IMAGES

#### **WARRING EXES**

#### Garner yells at Affleck over not calling out pals for nanny hanky-panky

Ned **Ehrbar** Metro | Hollywood



Recent photos of Jennifer Garner and Ben Affleck hanging out and smiling together - plus reports that they've been seeing a marriage counsellor — may give some fans hope that their divorce could be called off, but sources tell Radar Online that you shouldn't get your hopes up — especially not after a particularly contentious throw-down between the warring exes over which of Affleck's friends might also be having their nannies work overtime.

"Jennifer verbally attacked Ben personally just over a week ago. She got pissed off and asked him why she should be surprised that he's sleeping with the nanny when his friends are doing the same thing," a source says.

"Basically she accused him of supporting another sham marriage and looking the other way." Juicy!

So how about those hints of them working things out?

They've made attempts to put on happy, co-operative faces for their uncoupling, but the argument was a watershed moment,' the source says.

"Ben is pissed off, and it's had massive reverberations for Jennifer. Privately, Ben is done with the charade.' That sounds pretty severe.

#### Depp's wag of a tale

Before Johnny Depp can get around to promoting his work playing infamous Whitey Bulger in Black Mass, he first has to clear things up about his own criminal activity namely violating Australian quarantine laws by smuggling his and wife Amber Heard's two tiny Yorkshire terriers

ire of one overzealous politician. So how did all of that turn out? "I killed my dogs and ate them under dir-

ect orders from some kind of, I don't know, sweaty, big-gutted man from Australia," he

joked during a press conference at the Venice Film Festival. At least I hope he's joking. Yorkies don't really make much of a meal. NED EHRBAR/METRO

IN HOLLYWOOD

into the coun-

try, earning the

#### Jada Will work it out

Let's check in with Will Smith and Jada Pinkett Smith, shall we? When we started the summer, there were fresh reports that the long-married couple would be done by fall, but here we are post-Labour Day and they're apparently doing just fine. What's their secret? A good personal trainer, as it turns out. Fitness guru Darrell Foster "has been very focused on keeping Will and Jada 'on the right track' not just physically, but mentally as well," a source says, according to Star magazine. "He's as much a marriage counsellor as he is a boxing coach or a guy who counts push-ups. He's always at their house working out with either Will or Jada

aren't on the road filming. They now follow Darrell's advice to the letter. NED FHRBAR/ METRO IN HOLLYWOOD



#### GOSSIP BRIEFS

#### No longer Hamm strung

Months after denying their relationship was over, Jon Hamm and Jennifer Westfeldt are splitting up.

Hamm and Westfeldt released a statement Monday through publicist Annett Wolf that "with great sadness" they were separating after 18 years. The couple, who never married, said they would "continue to be supportive of each other

in every way possible." The Mad Men actor completed treatment for alcohol statement first addiction and praised appeared on Westfeldt, an actress the web and filmmaker, for her site of support, Wolf said People at the time. In maga-April, they diszine. puted reports Earthey were lier breaking this up. THE year, ASSOCIATED



#### **She's Waity Katie no more**

Well, that was certainly fast. Kate Middleton is reportedly already ready for her third child with Prince William, just four months after giving birth to their second baby, Princess Charlotte. "Kate has only just had her second baby, but she's already thinking about No. 3. She definitely wants a third baby by the time she's 35. That way she can have

even more before she's 40," a source tells Hollywood Insider. "Kate grew up with two siblings, so she likes the idea of having another soon. But to be honest, she doesn't want to stop there and has talked about having four children before she's all done." Hey, slow down, there, anonymous source. One rumoured pregnancy at a time. NED EHRBAR/METRO IN HOLLYWOOD









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### Frugal experts share college saving tips

#### **Keep your bills** low and the grades high

**Analise** Smart For Metro

Higher education is a time of learning, and with education costs being what they are, budgeting is crucial information for students.

Stats show that half of the students enrolled in bachelor's programs in Canada are getting loans to finance their education, with the average debt accrued hovering around \$26,000. While graduating debt-free is not realistic for everyone, all students can benefit from being money

Celestian Rince, who, along with his girlfriend, chronicles their goal to retire in their 30s in the Incoming Assets blog, said he

realized during university that buying textbooks could be a 'money pit."

"They have a lot of the textbooks available to check out at libraries and most students don't even know about it. I was able to go through some courses without ever buying the books."

If this is not an option, Justin Bouchard, co-author of More Money For Beer And Textbooks: A Financial Guide For Today's Canadian Student, suggests looking for used copies. "The campus book store is convenient, but you may be able to save some money shopping on amazon.ca or get a second-hand one from putting up posters or using Kijiji," he said.

#### **TUITION**

Student loans, as useful as they are, aren't free money, and will have to be paid back with interest. "Obviously, it's better to not get any student loans at all," Rince said.

While he concedes that this is "impossible" for some students, everyone can look into bursaries and scholarships.

"It'll just take a couple hours to research what's available at your university."

Bouchard said one of the biggest costs that students in residence can save is on food.

"One meal out can cost the same amount as lunches for the other four days of the week. While most students living on campus have to buy a meal plan, Bouchard said they can buy a smaller plan if they aren't big eaters and get a mini-fridge that they can stock with breakfast items and snacks. Big eaters though, he said, should choose an "unlimited" plan.

#### **ENTERTAINMENT**

"Universities in particular are one of the best places for free or really low-cost entertainment," Rince said.

He cautions against going out and drinking too much, suggesting students can buy from the store and stay in some nights. Taking this idea one step further, Bouchard said home-brewing is another way to save money.



Graduating debt-free is not realistic for everyone, but all students can benefit from being money mindful. SHUTTERSTOCK

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#### 🛑 IN BRIEF

#### **Ticats hammer Argos**

Zach Collaros and the Hamilton Tiger-Cats regained their Tim Hortons Field swagger Monday afternoon.

Collaros threw four TD strikes to lead Hamilton to a convincing 42-12 Labour Day victory over the archrival Toronto Argonauts. The Ticats were coming off a 26-23 loss to Montreal on Aug. 27 that snapped their 10-game win streak at the new stadium.

Collaros finished 26 of 38 passing for 400 yards.
THE CANADIAN PRESS

#### Wiggins leads Canadians to win over Uruguay

Andrew Wiggins scored 11 of his 18 points in the third quarter to lead the Canadian men's basketball team to a 109-82 victory over Uruguay in secondround action at the FIBA Americas Championship on Monday.

Canada, which got double-digit points from seven different players, can clinch a spot in the tournament semifinals with a Mexico win over Venezuela later Monday and an Argentina victory over the Dominican Republic on Tuesday. THE CANADIAN PRESS

#### Bird's three-run blast bests Orioles for Yanks

Rookie Greg Bird hit a tiebreaking, three-run homer off Brian Matusz in the seventh inning, and the New York Yankees rallied past the reeling Baltimore Orioles 8-6 Monday to close within a half-game of AL East-leading Toronto.

Alex Rodriguez and John Ryan Murphy also homered for the Yankees (77-59), who overcame a 4-1 deficit and improved to 18 games over .500 for the first time since 2012. With his 29th home run this season, A-Rod got his 3,054th career hit and passed Rod Carew for sole possession of 22nd place. THE ASSOCIATED PRESS



Greg Bird THE ASSOCIATED PRI

# Stampeders trample Esks

CF

#### Calgary throws sack party on Labour Day

Labour Day's Battle of Alberta lacked touchdown celebrations, but not sack celebrations.

The Calgary Stampeder defence made life difficult for Edmonton Eskimos rookie quarterback James Franklin in Monday's 16-7 win over the Esks at McMahon Stadium.

Led by Charleston Hughes, Calgary's defensive line put Franklin on the ground four times. They marked those moments with log rolls on the turf followed by air kicks.

"Charleston is the king of all the sack celebrations," said Calgary linebacker Deron Mayo, who had one sack and forced a Franklin fumble.

Hughes, who had sat out the previous game with back spasms, contributed a pair of sacks and five tackles. The defensive line's resident choreographer insisted his post-sack routines were unscripted.

"I have no clue what it means," Hughes said. "It's just something I made up on the fly with my D-line."

At 8-2, the Stampeders gained breathing room on the Eskimos atop the CFL's West Division. The Esks dropped to 6-4 in second place, but get a rematch Saturday at Commonwealth Stadium.

All signs point to quarterback Mike Reilly starting Saturday. His team trailing by nine points, the veteran pivot went



The Stampeders' Charleston Hughes, right, leads Freddie Bishop III in a sack celebration on Monday at McMahon Stadium.

JEFF MCINTOSH/THE CANADIAN PRESS

into Monday's game in the fourth quarter for his first action since tearing knee ligaments in the season-opener in Fort McMurray.

Reilly was 5-for-12 in passing for 90 yards in relief of Franklin.

"I would like to have come back under different circumstances in terms of us getting a win, so I'm disappointed that we weren't able to do enough

#### **MONDAY In Calgary**



ESKIMOS

to get the victory here," Reilly

"Luckily, we get another chance at them here in just a couple days.

Calgary's Greg Wilson scored the lone touchdown of the game on a 10-yard catch from quarterback Bo Levi Mitchell late in the first half. Rene Paredes kicked a trio of field goals with his third from 45 yards out late in the fourth quarter.

Edmonton kicker Sean Whyte had two field goals and a punt single.

Mitchell was 24-for-36 in passing for 251 yards and one



At 23-4, Bo Levi Mitchell surpassed Hall of Famer Jackie Parker for the best career record after 27 starts in the CFL.

touchdown throw. He was intercepted once.

THE CANADIAN PRESS

#### MLE

#### Jays knocked off by Red Sox

The Toronto Blue Jays are trying to slug their way to an AL Fact title

They'll need better pitching than this, though.

Jackie Bradley Jr. had four hits with a two-run home run and four RBIs, Rick Porcello pitched into the eighth inning and the Boston Red Sox beat the division-leading Blue Jays 11-4 Monday.

The Blue Jays lost for just the fourth time in 16 games, but had their lead atop the East sliced to a half game over the New York Yankees, who beat

**MONDAY In Boston** 



Baltimore 8-6 on Monday.

Working on seven days' rest after complaining of fatigue, Mark Buehrle (14-7) gave up five runs on nine hits in 3-1/3 innings. The bullpen wasn't much better, giving up six runs on eight hits.

The Blue Jays lost the opener

of their last series in Baltimore 10-2 but responded to win the next two games.

Toronto manager John Gibbons said he has "some concerns" about Buehrle, who has had a couple of tough outings recently.

The veteran left-hander said he felt fine.

"I felt better today than I have in the last couple," he said.

"It was just one of those days where their offence was there." Josh Donaldson and Justin Smoak each hit solo homers

for Toronto. THE CANADIAN PRESS



Red Sox catcher Blake Swihart tags out Jose Bautista after the Blue Jays right-fielder struck out on a pitch in the dirt in Boston, Monday. WINSLOW TOWNSON/THE ASSOCIATED PRESS

# Anderson's serve too much for Murray

#### Scot unable to fight back after South African took 2-set lead

Andy Murray watched a 130-mile-an-hour ace zoom by to create a two-set deficit at the U.S. Open, then sat in his changeover chair and cursed at himself, over and over and over.

A little later, Murray cracked his racket against the court once, breaking the frame, and went to the sideline and mangled his equipment even more, before meandering over to hand it to someone in the stands.

Often able to spur himself by letting out some anger, the two-time Grand Slam title winner only briefly managed to get into this match. The thirdseeded Murray lost before the quarterfinals at a major for the first time since 2010, beaten 7-6 (5), 6-3, 6-7 (2), 7-6 (0) by 15th-seeded Kevin Anderson of South Africa in the fourth round at Flushing Meadows on Monday.

For the 6-foot-8 (2.03-meter) Anderson, known mainly for a booming serve but was terrific off the ground in this four-hour, 18-minute victory, it marked a real breakthrough.

Meanwhile, Victoria Azarenka and Stan Wawrinka, both two-time Grand Slam champions, made it to the quarterfinals. Azarenka won 6-3, 6-4 over 46th-ranked American Varvara Lepchenko, who had reached her first U.S. Open round of 16. The fifth-seeded Wawrinka won 6-4, 1-6, 6-3, 6-4, taking control in the final two sets behind his bigger serve over America's Donald Young. THE ASSOCIATED PRESS



Andy Murray reacts to losing a point against South Africa's Kevin Anderson. JASON DECROW/THE ASSOCIATED PRESS

#### Fowler on the money at Deutsche Bank

Rickie Fowler delivered all the right shots Monday at the Deutsche Bank Championship, and then he delivered some champagne.

He stood near the wood railing overlooking a dozen rows of reporters, hoisting an empty bottle in one hand and a microphone in the other. "Let's finish off the year right," Fowler said.

He certainly showed he is capable after a tense duel with Henrik Stenson at the TPC Boston.

Trailing by three shots early on the back nine, Fowler rolled in a 40-foot putt on the 14th hole to pull within one and then seized control when Stenson hit a towering tee shot that came down short and into the water for double bogey on the par-3 16th.

That combination sent



#### **FedEx Cup standings**

- 1) Jason Day
- 2) Jordan Spieth
- 3) Rickie Fowler
- Henrik Stenson
- 5) Bubba Watson

sured him of a spot in the top five at the Tour Championship and a clear shot at the \$10-million bonus in the FedEx Cup.

Fowler won The Players Championship in a three-hole playoff in May. He won the

Scottish Open with three birdies on the last four holes. "Being in those positions before, I definitely felt very calm out there," he said. "I knew what I was trying to do.

Knew what I had to do. And was very much ready to do it." With the win, Fowler moved to No. 5 in the world rankings.

THE ASSOCIATED PRESS



#### **IN BRIEF**

#### **Olympian Hughes admits** positive ephedrine test

Former Olympian Clara Hughes has revealed a previously undisclosed antidoping rule violation from

Hughes wrote in her newly released biography that she tested positive for the banned substance ephedrine in 1994 and that she was notified of the test result by Cycling Canada's then national team director. Hughes says in the book that the violation was intentionally kept quiet.

The offence occurred before the creation of the World Anti-Doping Agency or the Canadian Centre for Ethics in Sport, Canada's national anti-doping body.

"Cycling Canada cannot condone how this matter was handled at the time by any of those involved," said a statement from the organization. Hughes is tied with Cindy Klassen for most Olympic medals won by a Canadian, having competed in both the Winter and Summer Games. THE CANADIAN PRESS



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#### **RECIPE Grilled steak nicoise** with red potatoes, green beans



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Prep time: 15 minutes Cook time: 15 minutes Serves 4

#### Ingredients

- · 4 oz red-skinned small potatoes
- 2 oz green beans, trimmed
- · 6 oz lean good quality steak (New York strip, top sir-
- loin or beef tenderloin) · 6 cups baby spinach
- 1/3 cup sliced black olives
- •11/2 cups ripe tomatoes, cut into large chunks Dressing
- 2 Tbsp olive oil
- 2 Tbsp lemon juice
- 2 tsp Dijon mustard
- •11/2 tsp honey
- Salt and pepper

#### Directions

1. Add potatoes to a pot of water

and bring to a boil. Boil for 12 to 15 minutes, just until tender. During last two minutes of cooking, add green beans. Drain and rinse with cold water until no longer warm. Slice potatoes in 1/4-inch thick-

- 2. Meanwhile, grill steak until medium rare or done to your preference. Let rest for 10 minutes. Slice thinly.
- 3. Dressing: combine all ingredients in small bowl.
- 4. Add spinach to large serving platter. Add 2 Tbsp of mixed dressing. Place potatoes, beans and steak, olives and tomatoes over top spinach. Pour over remaining dressing.

#### **Nutrition per serving**

- Calories 230
- Protein 16 g
- · Carbohydrates 18 g
- Fibre 3 g
- Total fat 11 g
- Cholesterol 25 mg
- Sodium 390 mg PHOTO: ROSE REISMAN

#### CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

1. Noise from an unclear radio station 7. Games galleries 14. Martial Art from Japan 15. Landline signal: 2 wds. 16. Beaches: French 17. Debate 18. Port city in Ontario where Dundurn Castle is located 20. \_\_ generis (Unique, in Latin) 21. Do this as a craft 24. Tea type 25. Pantry item 26. Baseball feat 28. Louisiana's li'l locale 29. Muse of astronomy 31. Backup singer to Gladys 33. Nautical hook 37. Canadian singer/ sonawriter Lindi Ortega's new album: 2 wds. 40. Secondhand 41. Diamond stud locale 42. Elegant court dance 43. Booming times 45. With much merriment 46. Alphabetic trio

49. Seasoned

53. Veil heroine in an-

cient Greek myth

54. One who

meets them

sets goals and

52. Chows

#### 16 23 25 26 29 30 32 40 56 58 60 62 63 64

56. Dreams up 58. Groucho Marx facial feature, hip-style 62. One receiving an induction 63. Teatime treat 64. Stupendous 65. From that point,

archaically

#### DOWN

1. Tree drink 2. Poetic contraction 3. "\_.\_. Pablo" (Short-lived 1984 sitcom) 4. Constricted 5. Brain wave

6. Popular fash-

ion mag

cize: 2 wds. 9. Held on 10. Bank-in-the-wall, commonly 11. Perform/accomplish, archaically 12. Boredom 13. \_ \_ or-

7. \_-\_- missile 8. Really criti-

der (Sort) 15. Swimmer of the North Pacific that appears to be an Orca because of its markinas, but it's not, it's a what?: 2 wds. 19. Cash substitute letters 21. Name by which

Cheops (the Pharaoh who commissioned the Great Pyramid of Giza) is also known 22. Ms. Ephron's 23. "\_ \_ it!" (Arriving-one's exclamation) 27. Free 30 Birthday celebrant's new number 32. Arthur Gordon (Edgar Allan Poe title character) 33. Canada Dry product: 2 wds. 34. "Be-Bop-\_-Gene Vincent hit of 1956 35. England: London's famous \_ Street 36. Lovely parties 38. "Last Comic Standing" audience reaction 39. By way of 44. Litigate 46. Canadian impressionist Mr. Little's 47. Snob 48. Large weight 49. French painter Mr. Dufy (b.1877 - d.1953) 50. Ghana's capital 51. Clicker-holder's target: 2 wds. 55. Engrave 57. Shortened title for Elvis' manager 59. Laura Linney flick, "You \_ Count on Me" (2000) 60. \_-\_ (Fruit drink) 61. "...\_ I saw Elba."

#### **\*IT'S ALL IN THE STARS** by Sally Brompton

Aries March 21 - April 20 It does not matter if others doubt your abilities - you know you have what it takes to succeed and no one and nothing can stop you. Today's Mars-Uranus link will multiply your confidence tenfold.

Taurus April 21 - May 21 Some will tell you that changes you made on the home front should now be changed back again but don't let them persuade you. You can already see that the future is more exciting.

Gemini May 22 - June 21 You won't hesitate to speak your mind today. Your words will be short, sharp and to the point just make sure that what you say is backed up by facts.

Cancer June 22 - July 23 Your all-or-nothing attitude to situations will make sure you win and win handsomely. But take care you don't create resentment. Secret enemies are more dangerous than open ones

Leo July 24 - Aug. 23 The whole world could be against you now and it would not worry vou one little bit. Todav, more than most days, you can accomplish remarkable things, because you have total self-belief.

**Virgo** Aug. 24 - Sept. 23 Someone is keeping a secret from you. The best way to find out what is going on is to feign indifference. If you pretend not to care they may let the cat out of the bag

**Libra** Sept. 24 - Oct. 23 If you take a stand on an important issue today you will find that other people rally to your cause. Make this the day that you start to make a difference.

**Scorpio** Oct. 24 - Nov. 22 Today's Mars-Uranus link will bring you face-to-face with the kind of situation you usually go out of your way to avoid but if you confront it with courage and refuse to back down you will come through unscathed. To some you may even be a hero.

Sagittarius Nov. 23 - Dec. 21 You are in the mood to change your life for the better. A change of employment is possible and maybe a change of location too.

Capricorn Dec. 22 - Jan. 20 The changes you are working on may not be easy but you must stick with them because they will make your life better in so many ways. The only things you are liable to lose are things you no longer need.

Aquarius Jan. 21 - Feb. 19 You seem to be on the receiving end of other people's criticisms quite a lot of late. Ride out the storm and look forward to the time when you can point out that you were right and they were wrong

Pisces Feb. 20 - March 20 The planets show you have been working too hard. Your priority is to rearrange your schedule so as to give yourself more time to relax.

#### **CONCEPTIS SUDOKU by Dave Green**

Every row, column and box contains 1-9

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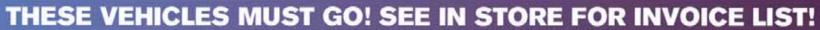




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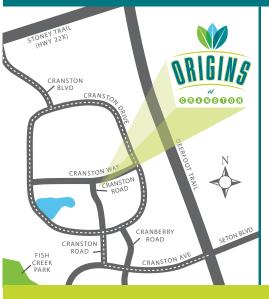
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